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# Magnificent Sex

Lessons from Extraordinary Lovers

**Peggy J. Kleinplatz, Ph.D.** and **A. Dana Ménard, Ph.D.**

*Magnificent Sex* is based on the largest study ever conducted with people who are having extraordinary sex. Looking at factors including individual and relational qualities, empathic communication, and the myths and realities of magnificent sex, this book offers accessible and evidence-based guidance for lovers and therapists alike. It is replete with frank and often humorous interviews with straight and LGBTQ individuals and couples, those who are 'vanilla' and 'kinky', monogamous and consensually non-monogamous, and healthy and chronically ill. This illuminating book explores the implications of the findings to develop a model that effectively tackles the common problems of low desire and frequency.

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"Finally, a refreshingly real book discussing the nature of magnificent sex! This is where the field of sex therapy needs to go. The lovers in this book tell us how we often settle for being stuck in clichés and so-called symptoms and miss the symphony that great sex can be."

– **Sue Johnson, EdD**, researcher, professor, and bestselling author of *Hold Me Tight: Seven Conversations for a Lifetime of Love*.

"With empirical rigor and a playful sense of humor, Kleinplatz and Ménard offer us a grand tour of a previously undocumented world where extraordinary lovers create magnificent sexual experiences. Every sex therapist, educator, researcher, and student should read this book. It will utterly transform the conversation around sexual desire."

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